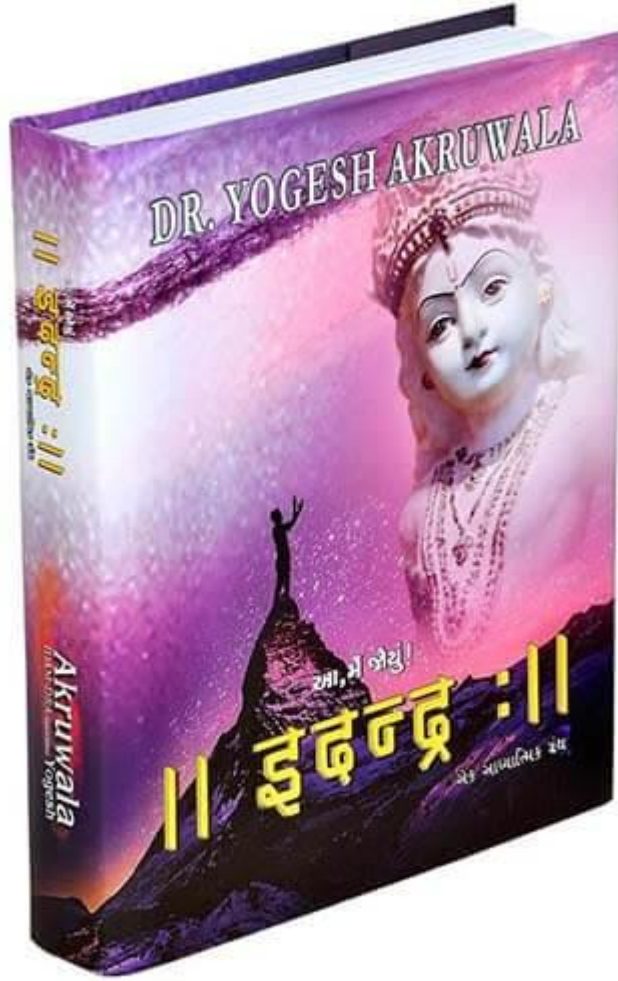


Introduction of my [Spiritual Book](#) or Granth, [IDANDRA](#). (Granth is in Gujarati language.)

[IDANDRA](#) is a Sanskrit word, from Aitariya Upanishad- derived from IDAM+DRA= This (I) Saw! This I saw is an announcement of the Samadhi phenomenon. A rarest experience, well documented in this [Spiritual book](#)!



This [spiritual book](#) took 5 years to be written, has taken reference from 52 books- Sanskrit (Gita, Shrimad Bhagvat, Devi-Bhagvat, Veda, Upanishads like Ishavasyopanishad, Kathopanishad, Kenopanishad, Mundakopanishad, Mandukya, Aitriya, Taitariya, Shweta Swatara Upanishad, Brahma Sutra, Yog-Vashista, Patanjali Yoga-Sutra, Astavakra Gita and so on.) Gujarati Saints, philosophy of Vaishnav (Shodash Granth), many devotees and then [Spiritual Books](#) of English authors.

This Granth has two parts: (1) Gyanam (The Knowing): that will enlighten young generation that wants to know what [Hinduism](#), what Sanatan [Hindu Religion](#) in true form. Here, Science merges with [Spirituality](#). Lot of researches and hypothecations are used to define God, Parmatma, Atma, Chitta (Sub-Consciousness) and Conscious mind. What the Matrix means and [spiritual](#) aspect of Marriage. Most of questions are answered here,

(2) [Devotional Pathway](#): Sadhana Path: Here, Awakening, Vitrag, Samtva (Equilibrium), Vairagya, then Principles of [Devotional](#) Practice, then Techniques or methodology of [Spiritual](#) Practice begins. At the end, surrender and dedication are described. Lastly, Dhyan, Meditation, Kundalini Chakra, Samadhi, Enlightenment and final Salvation (Exit) are described.

Other topics covered are (!) Defining Guru, The Master, (2) Religions and [Spiritual Pathway](#) are different, (3) [Yogic Pathway](#), Gyan Marga, Karmic marg and lastly Devotional pathway are defined. (4) Experiences of Author described (5) Milestones in [Hindu Devotional pathway](#) according to Kundalini Chakra- in details.

This granth is about 750 pages, A4 size, hard bound, multi-colored granth. 2.2. kg weight. It's self-published and available from the Author himself.